



Anthroposophic body therapy
in interdisciplinary dialogue

TRAUMA RESILIENCE

1 to 4 May 2019

Medical Section in collaboration with the
International Association for Anthroposophic Body Therapy
(IAABT)



IAABT

International Association for
Anthroposophic Body Therapy

Goetheanum

It is not time that heals wounds
but the diversity of life
brings renewal and
thus refreshes the soul.
It seeks balance,
striving for the harmonious measure.
Stifling suffering dissolves
in warmth and light, trusting
in helping hands from higher worlds.

Dear Colleagues,

The living body is the instrument of the soul for us. If its processes flow in balance, we feel well and our soul can communicate without encumbrance with the world. Such contentment is what we like to achieve. Hence we find it difficult to understand when affliction, illness or some misfortune throws us off course. Then we are no longer ourselves, perhaps we are torn and lost in the world; or we feel imprisoned, confined, speechless. In the darkness of grief the tears stop flowing.

What can help? The support of an empathetic person to relieve us of our burden and protect us so we can right ourselves from despondency; to give us a protective envelope and kindle a refreshing light with comforting words by which we can find our concealed inner strength, reawaken it and revitalise what has become a hardened shell.

Revitalising means opening up boundaries: for example our physical limits through breathing massage, through immersion in water with its relaxing qualities, through setting our soul forces in motion; giving expression to traumatic experiences, working through them, accepting them and embarking on new paths in our life.

In this context let this conference show us ways of helping.

Abrecht Warning

Almut Karges, Bianca Tietz, Birgit Schopper, Christine Marending, Conrad Lorenz, Helmut Mayer, Reinhold Schön, Rozanne Hartmann, Sabine Nagel, Abrecht Warning, Sonja Pechtl, Christina Spitta, Elma Pressel and Jan-Gabriel Niedermeier

Conference organisers in the preparatory group

Matthias Girke and Georg Soldner

Leadership of the Medical Section at the Goetheanum

Workshops

Thursday and Friday 11.15–12.45 / Saturday 09.15–10.45

Please bring clothing that allows you to move freely. Additionally your own towel for workshops and seminar groups with massage or similar.

1. The relationship between trauma and threefold human nature and its manifestation in the etheric (EN/DE)

A joint workshop with discussion and practical rhythmical massage therapy exercises. Together we will look at the phenomenon of trauma in the light of threefold human nature as well as the four types of the etheric.

Conrad Lorenz, Aoine Landweer-Cooke and Sridhar Reddy

2. Oil dispersion therapy (DE/RU)

Shocks deprive people of the sense that they are master of themselves. They lose access to themselves and feel as if they are imprisoned, alienated from life. The oil dispersion bath acts particularly on the warmth organisation. Just as the suction of the vortex combines the oil with the water, so the spiritual human being is invited to find their way back into the body.

Reinhold and Larissa Schön

3. Massage as developed by Dr med. Simeon Pressel: massage of the calves as the source from which to regain the inner power to right ourselves (DE/EN)

The effects of trauma manifest in various locations. Massage as developed by Dr med. Simeon Pressel relieves, supports and reinforces what has lost its equilibrium. Thus a new basis is created so that we are able to regain a sense of ourselves in the foundations of our soul. Renewed courage to face life and the power to right ourselves subsequently develop.

Barbara Kuchelmeister

4. Bothmer® gymnastics and eutony (EN/FR)

This workshop will set out a range of body and movement situations aiming to produce reassurance in oneself and trust in life. Bothmer® gymnastics offers clarity of the objective structure in space: standing upright (vertical), sharing with others (horizontal) and building an objective (sagittal). Eutony allows a direct relationship with the body through the awaking of the lower senses, especially the touch and life senses.

Jessie Delage

5. Trauma in early childhood – support of the adult person through Spatial Dynamics® (DE/EN)

We will concern ourselves with the altered spatial dynamic in people with disorders of the incarnation impulse and dissociation of the human constitutional elements; we will work on the inner and outer attitude of the therapist. Practical exercises and discussion.

Gabriele Hurter and Isabel Grieb

6. Preparing a case report [\(DE/EN\)](#)

For the general acceptance and spread of the methods of body therapy, it is necessary to engage in scientific research. As a result of the preparation of the so-called CARE guidelines by an international group of researchers associated with Gunver Kienle, case reports have grown in importance worldwide in recent years. This course will show, using examples, how we ourselves as body therapists can prepare case reports – including tips and tricks.

Christina Spitta

7. Chirophonetic treatment of the consequences of trauma [\(DE/EN\)](#)

Treatment principles for the consequences of trauma, PTSD in particular. Special features of the chirophonetic treatment of the consequences of trauma. Possibilities for the treatment of dissociative disorders, depression, anxieties. Building awareness of the body, strengthening identity. Combination of chirophonetics and accompanying psychotherapy. Examples from practice and personal experience.

Petr Milek, Brigitta Jäger and Thomas Kowalski

8. BLI embodiment [\(DE/EN\)](#)

Gymnastic exercises which enable the healthy development of movement at any age. They lead to the follow-up maturation and recovery of sequences of movements and harmonise muscle tone; they are modelled on the healthy development of movement in early childhood. They thus enable a sense of feeling at home in our own body. An intensive training and fostering of the senses.

Beate Döpke and Christina Kipper von Maydell

9. The development of stress functions in childhood and their effects [\(DE/EN\)](#)

We will turn our attention in theory (neurophysiology and anthroposophical background) and practice to the tasks, effects and further development of stress processes during pregnancy and birth and in childhood and adolescence. Please bring clothing that allows you to move freely and also a blanket if you want.

Sabine Nagel

10. Creating equilibrium and strength through rhythms: craniosacral therapy meets rhythmical Einreibung as developed by Wegman/Hauschka [\(DE/EN\)](#)

What effect do traumatic experiences have on the rhythmical system? What do we mean by “tissue shock” and how can it be resolved? We will investigate this question in the perception of our own rhythms and let craniosacral therapy and rhythmical Einreibung come together productively.

Birgit Schopper and Petra Roknic

Wednesday, 1 May

09.00–10.00

8th class lesson *(EN)*

for School members

Aoine Landweer-Cooke

09.00–12.30

International CARE 3 meeting

Hartmut Horn

(10.30–11.00 Coffee break)

14.00–14.45

Lecturers' meeting

15.00 Conference start

15.00–16.30

Lecture

The body as a memory reservoir and its reaction to trauma

Christian Schopper

16.30–17.00 Coffee break

17.00–18.30

Seminar groups

18.30–20.00 Evening break

20.00–21.30

Lecture

Emergency education

Bernd Ruf

Thursday, 2 May

08.20–09.00

Morning courses

Loheland® gymnastics / Bothmer® gymnastics

Spacial Dynamics® / TaKeTiNa

09.15–10.45

Two case vignettes

(Language of both case vignettes is English)

- Rhythmical massage therapy
Sridhar Reddy
- Eutony and/or Bothmer® gymnastics
Jessie Delage

10.45–11.15 Coffee break

11.15–12.45

Workshops

12.45–15.00 Lunch break

15.00–16.30

Lecture

Resilience capacity

Christian Schopper

16.30–17.00 Coffee break

17.00–18.30

Seminar groups

18.30–20.00 Evening break

20.00–21.30

TaKeTiNa

Handling order & chaos – developing resilience

Michael Kokinos

Friday, 3 May

08.20–09.00

Morning courses

Loheland® gymnastics / Bothmer® gymnastics
Spacial Dynamics® / TaKeTiNa

09.15–10.45

Two case vignettes

(Language of both case vignettes is German)

- Craniosacral therapy and rhythmical Einreibung as developed by Wegman/Hauschka
Birgit Schopper
- Massage therapy as developed by Dr med. Simeon Pressel
Elma Pressel

10.45–11.15 **Coffee break**

11.15–12.45

Workshops

12.45–15.00 **Lunch break**

15.00–16.30

Reports from all over the world

Organised by conference guests

16.30–17.00 **Coffee break**

17.00–18.30

Seminar groups

18.30–20.00 **Evening break**

20.00–21.30

May dance

Dances from all over the world for joining in
Benedikt Lux

Saturday, 4 May

08.20–09.00

Morning courses

Loheland® gymnastics / Bothmer® gymnastics
Spacial Dynamics® / TaKeTiNa

09.15–10.45

Workshops

10.45–11.15 **Coffee break**

11.15–12.45

Moderated discussion with the plenum
Fragmented destiny – in search of meaning
Albrecht Warning

Conclusion of conference with review of 2018 and outlook

- Subject to change -

Seminar groups

Wednesday, Thursday and Friday 17.00–18.30

Please bring clothing that allows you to move freely

1. Anthroposophical meditation for regeneration (DE/EN)

We aim to pursue the path towards regeneration using various approaches. There are offerings and suggestions for working ourselves with elements from Bothmer® gymnastics and the mantras of anthroposophical meditation. No previous knowledge necessary.

Sabine Nagel

2. The “invisible human being” in us – movement therapy based on an understanding of how it works into us (DE/EN)

We will work on the foundations and on perceptual exercises. With patient examples and experience reports from physiotherapy. Target group: physiotherapists.

Literature: *Der unsichtbare Mensch in uns, Studien und Übungen* (K. Studer-Senn, Persephone) *Jacqueliene Pieper, Kathrin Studer-Senn, Hilde Mayr and Unda Niedermann-Veith*

3. Modelling embryology, a way to a deeper understanding of the early experiences of the child

(DE/EN)

We will model and retrace the initial formative processes of embryonic development and thus simultaneously the early prenatal experiences of the child: the path from the fertilization of the egg cell through the first cell division, nidation of the embryo, envelope formation and the dramatic invagination processes to the stage of the thirtieth day. Archetypal gestures of life become visible.

Christian Breme

4. Loheland® movement training (DE/EN)

In Loheland® movement training, the exercising person can learn about the meaning of movement as an element that mediates between polarities and understand themselves as the controller of their movement. It is human beings themselves who by virtue of their own will can create balance, mediation and transformation. With regard to the conference topic, we aim, together with you, to reveal human qualities in an artistic dialogue in motion.

Sabine Podehl and Simone Koring

5. Introduction to Anthroposophic Medicine (DE/EN)

The topic from 2017 will be continued. The medical understanding of the human being in accordance with spiritual scientific findings. The human constitutional elements and the functional tripartite structure of the “invisible human being in us”. How does that affect diagnosis and therapy? How from this perspective do therapist, patient and illness interact?

Albrecht Warning

6. Trauma therapy (DE/EN)

Practical handling of the body, memory and diagnosis of physical trauma in body therapy. In addition we will practise with one another some resilience exercises for therapists.

Christian Schopper

7. Sensitive children: autism, ADHD & trauma – using touch as incarnational support (EN)

A workshop for all therapists who want to develop their intuition to work with sensitive and traumatised children. The freedom and autonomy of the child is key. Both inner path aspects and outer techniques will be presented, as well as helpful diagnostic pictures. Michael works at a crisis centre with Aboriginal families in Australia.

Co-author of *Autism: Meet me who I am* (Steiner Books 2018)

Michael Kokinos

8. Loheland® plastic and dynamic anatomical drawing (DE/EN)

The body structure of the human being has arisen from flowing motion and constantly continues to be further shaped outwardly and inwardly through movement. The body is the bearer of great knowledge: on the one hand an archetypal image of what it means to be human, on the other shaped by memories of experiences which have ingrained themselves. Cognitive work out of lived experience is stimulated through this kind of drawing.

Britta Reichert

9. Market place (DE/EN)

Through speech, through the skin, through movement – three different ways to invite a person on these different levels to return to their body after trauma: in each unit, a method of body therapy will introduce itself in relation to the subject: chiophonetics, oil dispersion bath therapy, Spacial Dynamics® and movement therapy. Join in, experience them, discuss them.

Christina Spitta, Stephan Rex and Reinhold Schön

10. Methods of emergency education. Doing emergency education and gathering practical experience (DE/EN)

Experiential education to strengthen trust in ourselves and our fellow human beings. Modelling or painting, art offers alternative possibilities of expression. Movement games can unblock numbness – there will be many opportunities to try things out or gather new experiences in the workshop.

Kristina Wojtanowski

Case vignettes

Thursday and Friday 09.15–10.45

Thursday, 2 May

Sustained trauma and impact on fertility (EN)

This is a case report of a 32-year-old female patient with a history of trauma from family and social life who had difficulty in retaining 1st and 2nd pregnancy, subsequently inability to conceive and medical intervention causing secondary trauma. Resolution through different therapeutic modalities.

Sridhar Reddy

Marion came to my practice because she felt uncomfortable with her body. She did not know why. (EN)

After the description of the protocol implemented, we will follow step by step the stages of her process over the two years of her weekly therapy sessions. Giving some of her comments about her experience will help us to understand what is going on for her and the sometimes unexpected way that improvement can follow.

Jessie Delage

Friday, 3 May

Craniosacral therapy and rhythmical Einreibung as developed by Wegman/Hauschka (DE)

The two methods will be presented using the example of a case vignette.

Birgit Schopper

Massage therapy as developed by Dr med. Simeon Pressel – light and help in war and destruction (DE)

Dr med. Simeon Pressel developed this massage therapy in lifelong work on his patients. Trauma and resilience characterise his path which leads both into Russian captivity at the end of the Second World War and to the traumatised children in a Stuttgart destroyed by war.

Elma Pressel

List of lecturers

Christian Breme, sculptor, lecturer for the plastic study of embryology, Arlesheim (Switzerland)

Jessie Delage, Bothmer® gymnastics, eutony therapy and teacher, Paris (France)

Beate Döpke, physiotherapist, Praxis am Schulweg practice in Oldenburg (Germany)

Med. pract. Isabel Grieb, practice for psychiatry and psychotherapy, Basel (Switzerland)

Dr med. Hartmut G. Horn, specialist in child and adolescent medicine, psychotherapy, International Coordination of Anthroposophic Psychotherapy of the Medical Section at the Goetheanum, Aichtal (Germany)

Gabriele Hurter, practice for Spacial Dynamics® movement therapy and massage therapy as developed by Dr med. Simeon Pressel, Basel (Switzerland)

Brigitta Jäger, youth and residential childcare worker, non-medical practitioner for psychotherapy, Alfdorf-Pfahlbronn (Germany)

Britta Kamp, lecturer for plastic and dynamic anatomical drawing and movement therapy, Loheland® gymnastics, Murrhardt (Germany)

Christina Kipper von Maydell, physiotherapist, Praxis am Golfplatz practice in Hude (Germany)

Michael Kokinos, anthroposophic physiotherapist & CST, Blue Sky Therapies, Katherine (Australia)

Simone Koring, Loheland® gymnastics, lecturer for movement training and movement development, Kassel (Germany)

Thomas Kowalski, Waldorf teacher and chirophonetics therapist, Nuremberg (Germany)

Barbara Kuchelmeister, nurse, Bothmer® gymnastics, massage and training as developed by Dr med. Simeon Pressel, Stuttgart (Germany)

Aoine Landweer-Cooke, remedial massage practitioner, specialising in rhythmical massage therapy (as developed by Dr Ita Wegman). Training courses/tutor. Supervisor/mentor. International profile (Ireland)

Conrad Lorenz, physiotherapist, rhythmical massage therapy, Alexander von Humboldt hospital, Bad Steben (Germany)

Benedikt Lux, teacher of drama, dance, music and sport, Kassel (Germany)

Hilde Mayr, physiotherapist, Basel (Switzerland)

Petr Mílek, psychiatrist and psychotherapist, Láznè Bèlohrad (Czech Republic)

Sabine Nagel, non-medical practitioner, physiotherapist, rhythmical massage therapy, Bothmer® gymnastics, neurophysiological development support, Elmshorn (Germany)

Unda Niedermann-Veith, MFKSc, physiotherapist, Bern (Switzerland)

Jacqueliene Pieper, physiotherapist, Pratval (Switzerland)

List of lecturers

Sabine Podehl, Loheland® gymnastics, lecturer for movement training and movement development, Neu-Ulm (Germany)

Elma Pressel, non-medical practitioner, massage as developed by Dr med. Simeon Pressel, International Coordination of Anthroposophic Body Therapy of the Medical Section at the Goetheanum, Stuttgart (Germany)

Sridhar Reddy, physiotherapist, rhythmical massage therapy, Sparsha Centre for Healing, Hyderabad (India)

Stephan Rex, independent therapist, Aachen (Germany)

Petra Roknic, craniosacral therapist, expert in rhythmical Einreibung as developed by Wegman/Hauschka IFAN, Buchenbach near Freiburg (Germany)

Bernd Ruf, director of the Parzival School Centre Karlsruhe and executive board member of the Friends of Waldorf Education, Karlsruhe (Germany)

Larissa Schön, teacher and therapist for Bothmer® gymnastics, lecturer and therapist for oil dispersion bath therapy, Göppingen (Germany)

Reinhold Schön, Kneipp and med. hydrotherapist, lecturer and therapist for oil dispersion bath therapy, Göppingen (Germany)

Birgit Schopper, complementary therapist in the method of craniosacral therapy, expert and trainer for rhythmical Einreibung as developed by Wegman/Hauschka, non-medical practitioner, Zurich (Switzerland)

Dr med. Christian Schopper, MHBA, neurologist, psychiatrist, psychotherapist and specialist in Anthroposophic Medicine, Zurich (Switzerland)

Christina Spitta, general practitioner, Spacial Dynamics® movement therapist and trainer, Winterbach (Germany)

Dr med. Kathrin Studer-Senn, general practitioner, Says (Switzerland)

Dr med. Albrecht Warning, physician, Berlin (Germany)

Kristina Wojtanowski, head of department for emergency education at the Friends of Waldorf Education, Heidelberg (Germany)

General conference information

Translation services

The plenary events will be simultaneously interpreted into English. Anyone who wants translation into their language other than English is kindly requested to bring a translator with them from their country. We are happy to offer this “translation participant” a complimentary ticket. (requests by 10 April 2019 to: francois.bonhote@medsektion-goetheanum.ch).

Registration

Using the attached form, please send your registration by 10 April 2019 to the following address by e-mail, fax or letter:

Goetheanum Empfang, Postfach, 4143 Dornach, Switzerland
Tel +41 61 706 44 44 / Fax +41 61 706 44 46 / tickets@goetheanum.org

Conference fee

The cost of the conference (without meals) is CHF 270, for Students and senior citizens CHF 145 (proof of status required).

Anthroposophic therapeutic procedures

Not all the methods offered in the workshops have yet been fully accredited as anthroposophic therapeutic procedures. The accreditation process is subject to the IKAM accreditation process and is sponsored by the Medical Section.

Clothing

For working groups involving movement please ensure that you have non-restrictive clothing.

Literature for preparation

- Michael Kokinos, Lakshmi Prashanna: *Autism: Meet me who I am* (Steiner Books 2018)
- Christian Schopper incl.: *Burnout – mit der Krise wachsen* (Salumed Verlag)
- Christian Schopper: *Trauma überwinden* (Verlag Freies Geistesleben)
- Kathrin Studer-Senn: *Der unsichtbare Mensch in uns, Studien und Übungen* (Persephone)

Latest information about the programme at:

www.iaabt-medsektion.net

Donations to support the body therapy conference
(not to be used for remittance of the conference fee)

Allg. Anthrop. Gesell. / Med. Sektion / Raiffeisenbank Dornach
IBAN: CH53 8093 9000 0010 0605 6 / BIC: RAIFCH22
Purpose “PHY 2019”

Med. Sektion / Förderstiftung AM / Volksbank Dreiländereck eG
IBAN: DE92 6839 0000 0000 9707 60 / BIC: VOLODE66
Purpose “PHY 2019”

Notes

Booking Form

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Anthroposophic Body Therapy in Interdisciplinary Dialogue

Trauma – Resilience

Conference of the Medical Section at the Goetheanum

from Wednesday, 1 to Saturday, 4 May 2019

Application requested prior to: Wednesday, 17 April 2019

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Please fill out in block capitals!

Ms Mr

Name, first name _____

Billing address private address address of institution _____

if so, name of institution _____

Street, n° _____

Town _____

Postcode _____

Country _____

Phone/fax _____

Email _____

Occupation _____

I need translation into English German

Conference ticket

CHF 250 (regular price) CHF 130 (concessions¹) CHF 350 (with sponsorship²)

Meals (2 lunch, 3 evening meals) CHF 125

Morning courses 1st choice, n° _____ 2nd choice³, n° _____ 3rd choice³, n° _____

Workshops 1st choice, n° _____ 2nd choice³, n° _____ 3rd choice³, n° _____

Seminar groups 1st choice, n° _____ 2nd choice³, n° _____ 3rd choice³, n° _____

Parking at the Goetheanum Parking permit: CHF 21

Insurance Cancellation insurance (5% of the total costs, CHF 10 minimum)
See cancellation conditions in the General Information

Payment methods

on invoice (only Switzerland and Euro zone)

Credit card (all countries) Visa MasterCard

Card number: ____ / ____ / ____ / ____ Expiry date: ____ / ____

I agree to the terms of payment and cancellation.

Place, date, signature

Biannual events magazine (Pdf-Download): www.goetheanum.org/en/events/events-magazine

¹ Concessions apply for students, schoolchildren, OAPs, the unemployed, those in training, military or civil service and people with disabilities who receive benefits. Proof of status has to be submitted with your booking form.

² Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the section.

³ When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

Terms and Conditions will be sent on request or can be accessed online at www.goetheanum.org/6025.html.

General Information

Anthroposophic Body Therapy in Interdisciplinary Dialogue

Trauma – Resilience

Conference of the Medical Section

at the Goetheanum from Wednesday, 1 to Saturday, 4 May 2019

Application requested prior to: Wednesday, 17 April 2019

Conference fees: regular price:	CHF 250	with meals: CHF 375
concessions ¹ :	CHF 130	with meals: CHF 255
with sponsorship ² :	CHF 350	with meals: CHF 475

Conference meals

Conference meals (vegetarian) include 2 lunch and 3 evening meal at CHF 125 in total.

The other meals cannot be booked separately. We regret that food intolerances cannot be catered for.

Parking permit

For the period of the conference: CHF 21 (not right next to the Goetheanum building).

If you have a disability, please display your disability badge in your car.

Methods of payment/confirmation

On receipt of a group application, the respective institution will receive the account for the group. Subsequent bookings can only be applied for and paid on an individual basis.

Credit cards (all countries): The full amount will be charged to your credit card as soon as your booking has been processed. You will receive postal or email confirmation of your booking and payment.

Invoice Switzerland: Confirmation of booking and an invoice will be sent to you once your booking has been processed. Please note that we only send out invoices up until 10 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Invoice Eurozone: Confirmation of booking and an invoice will be sent to you once your booking has been processed (Euro account). Please note that we only send out invoices up until 14 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Other countries: Once your booking has been processed you will receive a confirmation by post or email. The amount due will either be charged to your credit card or you can pay on arrival. Bank transfers are not possible.

Please note that the conference fee must be paid before the conference starts.

Conference tickets: Tickets can be collected at the Reception until half an hour before the conference starts, also if you pay on arrival. We accept cash (Euro and CHF), VISA, MasterCard, ec-direct and Postcard-Schweiz.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the beginning of the conference (17.04.2019, date of posting). After that, 50% of the conference fee will be charged. Meals, parking permit and group accommodation may be cancelled free of charge up to 1 day prior to the begin of the conference (30.04.2019). Cancellation on the day when the conference begins or failure to attend are subject to a 100% invoice total. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 5% of total costs (CHF 10 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure. Please ask for our terms of insurance or visit www.goetheanum.org/fileadmin/vk/AVB_EN.pdf.

Terms and Conditions will be sent on request or can be accessed online at https://www.goetheanum.org/fileadmin/vk/AGB_EN.pdf

Data processing: All data will be electronically recorded and filed and not passed on to any third party.

Goetheanum Guest Houses and Accommodation

Haus Friedwart from CHF 75, about 5 min. walk to the Goetheanum
phone +41 61 706 42 82, www.friedwart.ch

Begegnungszentrum from CHF 30, about 10 min. walk to the Goetheanum
phone +41 61 706 42 82, friedwart@goetheanum.ch

Accommodation bureau rooms from CHF 55
kontakt@rooms-dornach.ch; www.rooms-dornach.ch

Prices are per person per night. Prices for accommodation cannot be guaranteed.

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